



An Institution run by the Syro Malabar Catholic Diocese of Thuckalay

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## PHYSICAL EDUCATION POLICY

### **Preamble**

Education aims at the optimum realization of the God-given talents and abilities in the students. The College is committed to provide variety of opportunities for the students to excel in different areas of interest. Sports and Education is one area that requires adequate attention in making the students excel in their lives.

# **Objectives**

- To create atmosphere and opportunities for expression and strengthening of sporting talents in various disciplines.
- To let the youth come out of their shells and spend their energy in the right activities.
- To provide platform for competitive spirit through the organisation of intra and inter-college events.
- To instill discipline in the students through different sporting events.
- To organise training camps in various sporting disciplines as per the need and requirements.
- To undertake all such steps to assist students to obtain employment and find a career through sporting excellence.

### **General Guidelines**

- ♣ The College shall encourage all students to try their talents in sports and games and identify their interest.
- The College makes all efforts to ensure that the grounds and the sporting facilities are created within the limitation of the space and availability of resources.
- The College shall arrange for coaches and trainers and facilitate training of the sporting persons in various sporting disciplines.

**SACAS Sports Policy** Page 1

- ♣ The additional hour of Student Enrichment Academy (SEA) Programme shall be effectively used for all sporting activities and the time may be extended as per the requirement of the training for individual sports and games.
- The College organises annual sporting events dividing the whole College into various teams and opportunities for the participation of large number of students is created.
- ♣ The College extend the services to schools students with the organisation of Inter-School Sports Meet once a year or as and when the College calendar permits.
- ♣ The College shall organise and facilitate the organisation of Inter-College Sports and Games in different disciplines.
- Organisation of training camps is encouraged within the College campus or in collaboration with government and non-governmental clubs and associations in venues where facilities for sporting events are available.
- 4 All efforts shall be made to help the students compete with best of skills and create them into quality players to represent the affiliating University, clubs, District / State associations.
- The College shall make the infrastructure and facilities available to the affiliating University in organisation of University Meets and provide all logistic and organisational support.
- We shall take every step to assist the students who apply for government jobs through sports quota in training and preparing them for competitive examinations.
- ♣ College playgrounds and facilities shall be made available to other sporting organisations / clubs and neighbourhood community with strict guidelines.

## **Fee Concessions for Sports Students**

- The College shall provide the following fee concession and facilities for the students with excellent sporting talents:
  - 50 percent concession for achievements in District level.
  - 75 percent concession for achievements in State level.
  - 100 percent concession for achievements in National level.
  - We also implement the mid day meal scheme for the players from the poor family.

SACAS Sports Policy Page 2

- We also provide good nutritional food during the training camp which helps to maintain their physical fitness.
- The continuity of the fee concession shall depend on the continuous performance of the students in their respective sporting discipline and general performance in the College.

The Sports Policy has been approved by the Chairman and Manager of the College on 31<sup>st</sup> January, 2018.



SACAS Sports Policy Page 3